

Inside Out Design

Connecting with the Hearts and Minds of Adult Online Learners during the COVID-19 Pandemic

Organized and in collaboration with:



ABOUT US...



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The mission of Brandman University is to provide students with a dynamic education based on excellence and flexibility that creates lasting value and relevance for evolving careers.



BRANDMAN STUDENTS...

- Brandman serves a large and diverse student population, including active military and veterans and adult learners who are seeking a career transition.
- 90% of students work while completing program.
- The average age of Brandman student is 36.
- 58% graduate with one or more dependents while attending classes.

<https://www.brandman.edu/why-brandman>



“ *The engaged learning concept de-centers the instructor from a position of authority and master of knowledge; instead the [instructor] becomes a guide who structures communities as he/she assists students in the generative process of learning.*

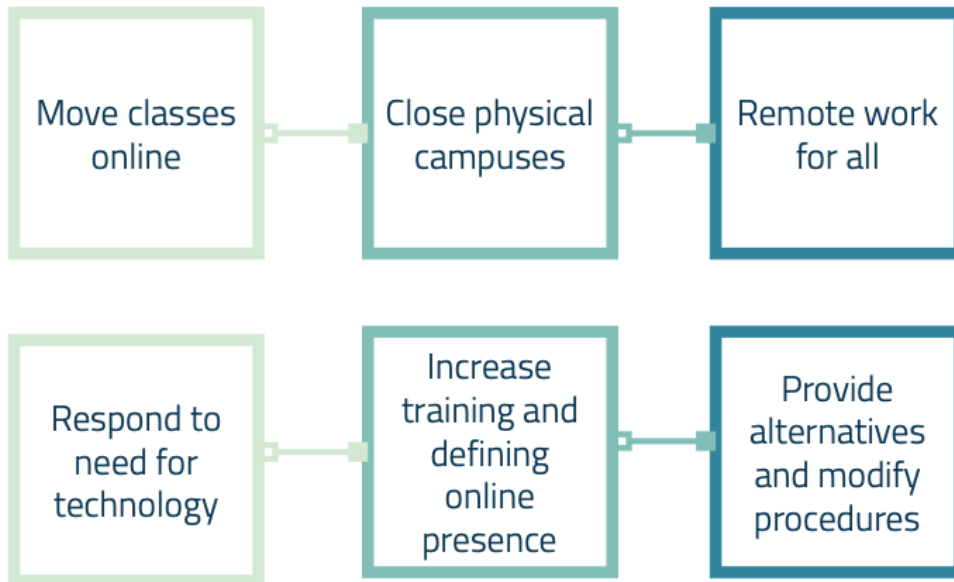
Brandman’s White Paper on IDEAL Model

<https://drive.google.com/file/d/0B4KFXzIVi5AeZTVRWWpwR0pDS1U/view>



CORONAVIRUS (COVID-19)

SYSTEM CHANGES



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PROGRAM LEVEL

PSYCHOLOGY PROGRAM

- Advancements
- Assignments
- Emotional Needs of Student
- Practicum Concerns
- Therapy Hours

CREDENTIAL PROGRAM

- Fieldwork Assignments
- Observations
- Student Stress
- Managing Adjuncts
- Student Teaching/Internships

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STUDENT LEVEL

- Balancing personal, professional, and educational roles
- Health concerns and responsibility
- Mental health concerns
- Financial concerns
- Difficulty with focus and redefining new normal



INSTRUCTOR IMPACT

BALANCE
PERSONAL &
PROFESSIONAL

INCREASED
COMMUNICATION
& SUPPORT

CHANGE
ASSIGNMENTS TO
FIT STAY AT
HOME ORDER



PSYCHOLOGICAL IMPACT

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TRAUMA

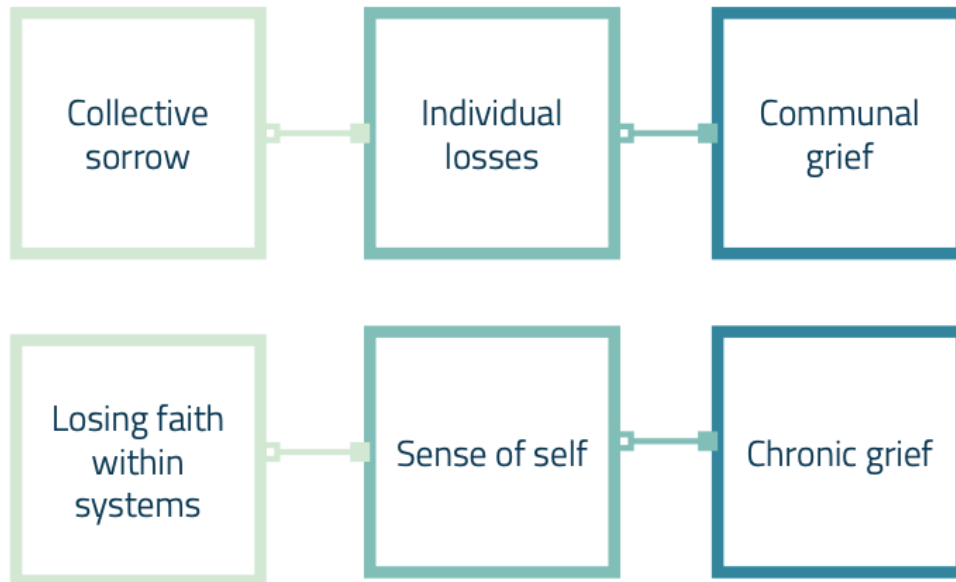
BATTLE OF
COMPETENCE
AND CONFIDENCE

THREAT TO OUR
LIVES AND
OTHERS

AVOIDANCE,
NUMBNESS, AND
SHAME

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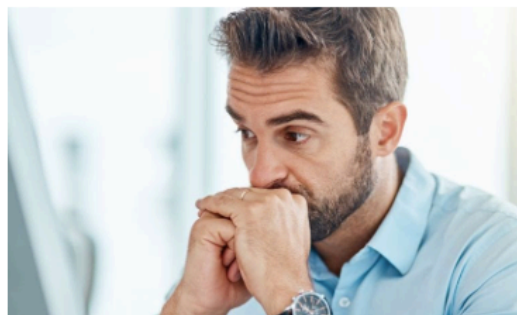
GRIEF AND LOSS



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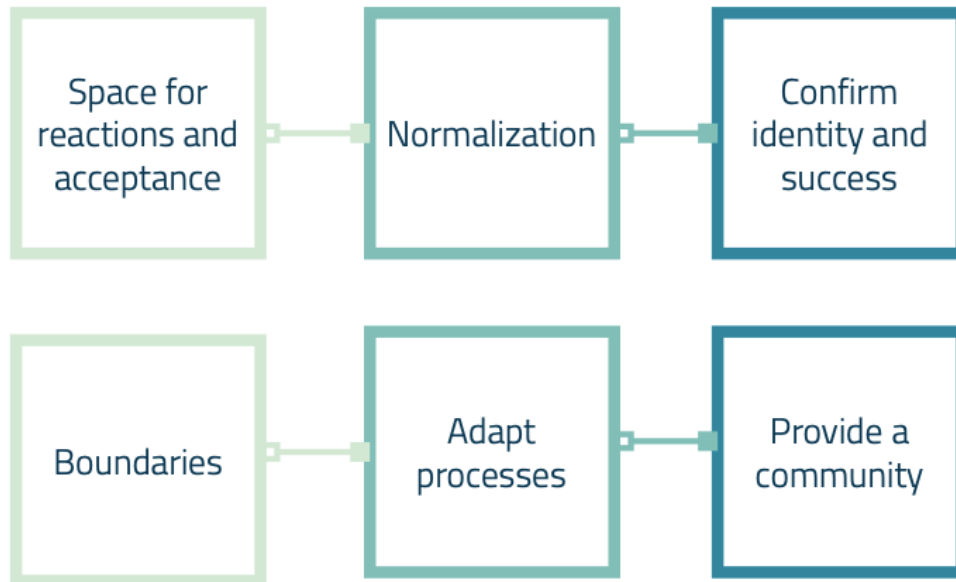
ANXIETY

- Lack of clear time boundaries
- Continued state of threat
- Fear of unknown/uncertainty
- Bombardment with media and information
- Depression



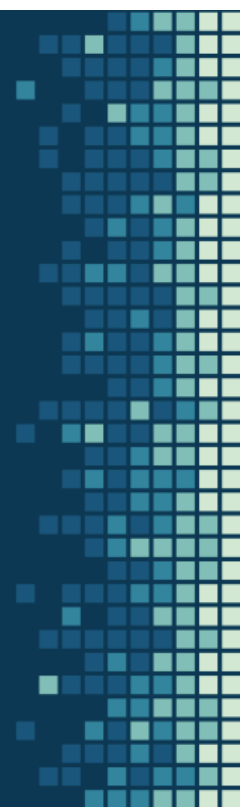
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WE CAN ...



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BRANDMAN'S EMPOWERED RESPONSE



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COMMUNICATION AND ENGAGEMENT

Video dedicated to Brandman students who work at WalMart.



<https://www.youtube.com/watch?v=N4G3DhxHdU>

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PERSONALIZE THE MESSAGE

Undergraduate Student Town Hall Support Meeting hosted by Psychology Curriculum Team

Tips and Resources-Reframing Your Experience

- Focus on what you CAN do vs. what you CANNOT do
- View this as a time to practice patience and model flexibility
- Get Creative
- Build in Structure
- Self-Care/Nurturance




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FOCUS ON THE IMPORTANT THINGS

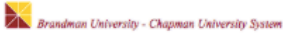
Additional Zoom Trainings Offered by Brandman's Center for Instructional Innovation



Office of Information Technology

To: Brandman Faculty and Staff
From: Center for Instructional Innovation (CII)
Subject: Zoom Training, Hosting and Attending Meetings
Date: Tuesday, March 17, 2020

If you are new to Zoom, or just want a refresher on the basics, please join our *Hosting & Attending Zoom Meetings* trainings, you can sign up for them [here](#). Zoom also has a variety of in depth training options both asynchronous and synchronous that can be found [here](#). If you need customized training on Zoom specifically for your team, please email Dr. Murphy (jmurphy@brandman.edu) with your request and the Center for Instructional Innovation will customize a training to meet the needs of your team.




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TAKING CARE OF OUR OWN

Well Traveled Program to Promote Physical Activity and Cohesion





WHAT HOW GOAL WHO TEAM WHEN

LOG IN REGISTER

WHAT IS WELL TRAVELED?

What if you could go coast to coast without boarding a plane, hopping on a bus, or gassing up the car? Well, now you can (sort of) in Well Traveled. With this virtual trip, you'll:

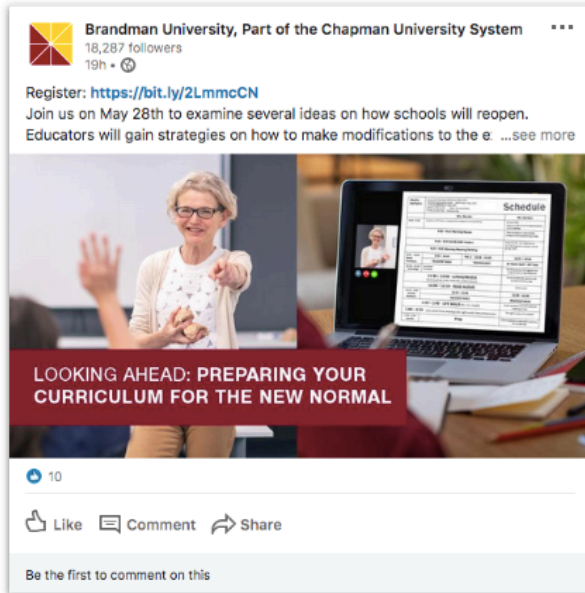
- Travel from state to state, stopping at the country's most amazing hot spots as you record health behaviors
- View postcard-perfect images and bet-you-didn't-know descriptions
- Build well-being habits that last long after your country-wide tour is over.



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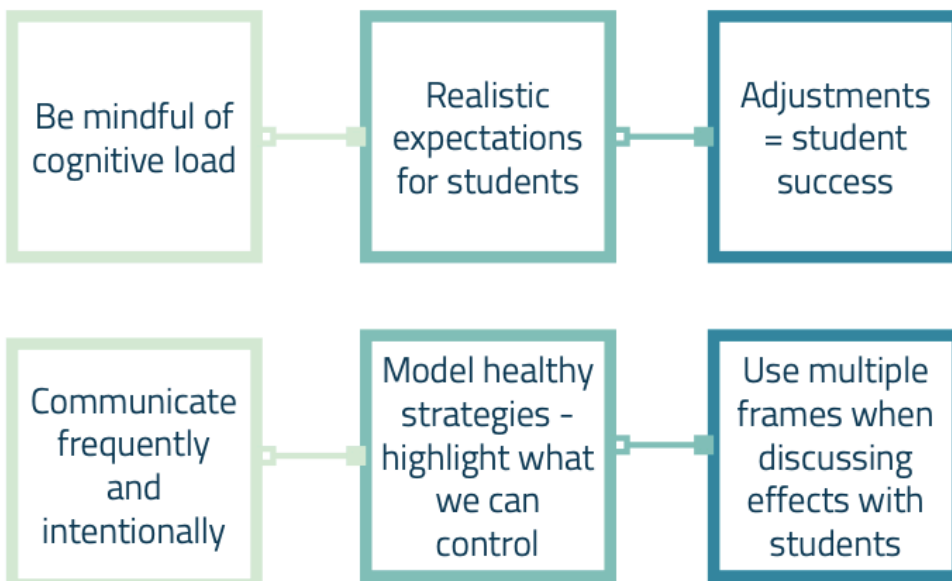


SERVE OUR COMMUNITY



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TIPS FROM THE TRENCHES



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Highlight diverse experiences and reactions

The Danger of a Single Story

https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story?language=en



SUCCESSSES

- Resilience
- Time to connect and grow strong as a community
- Opportunity to cultivate new skills and innovative practices
- Brandman students and instructors have developed skills and competencies that have made the transition easier

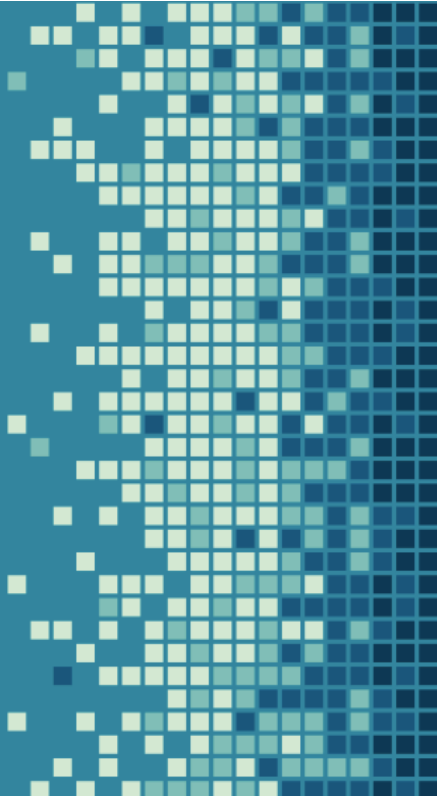


TESTIMONIALS



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“ *What I liked within that hour was that faculty members gave information, asked questions to concerned students as well as gifted resources and amenities so that we can get through this time frame with ease and optimum support. The faculty members, in my mind, were CMH professionals or case workers for us in that meeting. They provided support, care, emotional response, and information to allow some peace. This is what CMH professionals would do with their clients.*”



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“ I had an extremely difficult class session due to the pandemic. Dr. Good was extremely encouraging, kind, thoughtful, and understanding throughout the course. Regardless of the course of the class, Dr. Good gave me the ability to persevere to complete all my school work, even after falling overtly ill. 10/10.

“ This course started during the pandemic, and there was no way for any of us to be okay. That said, I think Professor Crowley went over and beyond to make sure the class was okay. She offered multiple opportunities for us to learn the information, and she was patient and empathic during what is an unprecedented time. Bravo to her for staying strong for us; it could not have been easy. She's a class act, and I will miss her.

THANK YOU

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